

## List of Prizes

(TEE SHIRTS ARE GUARANTEED TO FIRST 350 5K + 5 MILE PRE-REGISTERED ONLY)

Award Presentations and Door Prizes Following Children's Fun Run

### Runners

- ◆ Cash and trophies awarded to top three overall male and female finishers.
- ◆ Medals to top three finishers in each age group (male and female).

### Walkers

- ◆ Cash and medals awarded to first place male and female overall finishers.

### Children's Fun Run

- ◆ SORRY, NO SHIRTS WILL BE AVAILABLE FOR THE KID'S RUN

### 5K Race ~ Age Groups

10 & Under	20-29	50-59
11-15	30-39	60-69
16-19	40-49	70-79
		80+

### 5 Mile Age Groups

Start at 20 to 29 years

### Children's Fun Run

5 yrs. and under ~ 100 meters • 6 - 8 yrs. ~ 200 meters • 9 - 12 yrs. ~ 300 meters

### Course Records ~ 5K Runners

2000 Ryan Kirkpatrick, Cornwall, NY (14:31)

2004 Aislinn Ryan, Bellvale, NY (16:49)

### Course Records ~ 5 Mile

2016 Suzanne LaBurt, Greenwood Lake, NY (32:09)

2016 Mike Chow, Wappingers Falls, NY (27:16)

For more information please contact

Race Directors: George McManus (845) 986-3054 or Jack Ellis (845) 986-1405

Email: [McManus@warwick.net](mailto:McManus@warwick.net) • [www.warwicklionsclub.org](http://www.warwicklionsclub.org)

## ENTRY FORM - Pre-Registration Date - August 19, 2017

Make registration checks payable to **WARWICK LIONS 5K**  
 Mail to: WARWICK LIONS CLUB - P.O. Box 667, Warwick, NY 10990  
 Any registrations after 8/19 will be charged Race Day Fee  
 845-986-3054 - Email: [McManus@warwick.net](mailto:McManus@warwick.net)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex:  M  F Age on race day: \_\_\_\_\_

Email: \_\_\_\_\_

Face Category:  5K Run  5K Walk  5 Mile  Kid's Run  T-Shirt Size:  Small  Medium  Large  X-Large

(T-shirts are for the 5K + 5 Mile only) (Sorry, no shirts will be available for the Kid's Run)

In consideration of accepting this entry, I, the undersigned, intending to be legally bound, here, for myself, my heirs, executors and administrators, waive and release any and all rights claims for damages I may have against Lions International, The Warwick Lions Club, The Friends of Warwick Valley Central School District, the Town and Village of Warwick, Warwick Police, Fire and Ambulance depts., and any other sponsors to be named, and volunteers, for any and all injuries suffered by me, and further, I agree to save them harmless and to indemnify them. I attest that I am physically fit and have sufficiently trained for the competition of this race and my physical condition has been verified by a licensed medical doctor.

Signature: \_\_\_\_\_ (Parent or Guardian if under 18 years): \_\_\_\_\_

Form can be reproduced - only 1 entry per form.

# 26th Annual



# LABOR DAY 5K

## 2017

### Race, Fitness Walk & Children's Fun Run

*to benefit the*

Lions Club High School Scholarships  
and Community Projects  
[www.warwicklionsclub.org](http://www.warwicklionsclub.org)

*Held at*

Warwick Middle School  
West Street Ext.  
Warwick, New York

Labor Day  
Monday, September 4, 2017  
9:00 a.m.



register online at

IT'S FAST AND EASY!

([www.active.com](http://www.active.com))

Thanks to the Sponsors

The Lions Labor Day 5K Race / Walk is made possible by the work of dedicated volunteers and the generous support of our sponsors. Thank you one and all.



Warwick, New York



33 Main Street • Warwick, NY 10990  
(845) 986-4581



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